

Kitchen Safety



- ◆ Keep children a safe distance from hot liquids.
- ◆ Always use pot holders.
- ◆ Turn pot handles in or use rear burners.
- ◆ Hot grease causes severe burns - avoid using deep fat fryers around children.
- ◆ Keep your fire extinguisher in a convenient location away from heat sources.
- ◆ Follow instructions carefully when using microwave ovens.
- ◆ Wear short sleeves or fleece clothing when cooking.
- ◆ If your clothing should catch fire, immediately **STOP, DROP and ROLL** to smother flames.
- ◆ Cool a burn with cold tap water. **Do not** apply butter. If severe, cover with a sterile pad or clean sheet and seek medical assistance immediately.
- ◆ Scalds and burn injuries are on the increase. The highest risks are the very young and the elderly.

